



Programme
10th Dutch-Antillean-South American (DAS) Clinic
of Rheumatology and Internal Medicine
23 and 24 November 2018

In cooperation with:



Accreditation for this continuing medical education (CME) activity is applied for to NASHKO (Netherlands-Caribbean Foundation for Clinical Higher Education) and subsequently for family practitioners and hospital specialists via their respective associations (NIV/NHG/NVR etc.).

Registration is free by NASHKO: <http://www.naskho.org/>

Friday 23 November 2018

Day 1:

Location: Alhambra ballroom, Manchebo, Aruba

Chair: **M. Visschers (internist-I.D. specialist HOH, Aruba)**
 R. van Vugt (rheumatologist, VUMC Amsterdam)

8.30-9.00	Registration
9.00-9.15	Opening speech: "The importance of mutual cooperation" R. van Vugt (VUMC Amsterdam)

Update HIV/STD's

9.15-9.45	Post-exposure HIV prophylaxis, what every doctor should know D. van de Wetering (SEHOS, Curacao)
9.45-10.15	The Aruban HIV-epidemic G. Rodenburg (HOH, Aruba)

Coffee break

Update infectious diseases

10.45-11.15	Multiresistant infections: lessons learned from Colombia L. Uribe (Bucaramanga, Colombia)
11.15-11.45	Cellulitis and its many non-infectious mimickers S. Harkisoen (Suriname)
11.45-12.15	Joint Infections or Gout: The challenges. R. Rellum (Nijmegen)

Lunch break

Update pharmacology

13.30-14.00	OPAT (Out-patient antibiotic treatment) on Aruba J. de Kort (HOH, Aruba)
14.00-14.30	Drug-drug interactions in a nutshell J. Aleman (HOH, Aruba)

Coffee break

Update rheumatology

14.45-15.15	New insights in treatment of RA N. Swen
15.15-15.45	The mysterious world of Spondylarthropathies Dr. Saaibi (Foscal, Bucaramanga)
15.45-16.30	"Hands-on" musculoskeletal examination R. van Vugt, R. Rellum, N. Swen, D. Saaibi
16.30	Closing Remarks

Saturday 24th November 2018

Day 2:

Location: Alhambra ballroom, Manchebo, Aruba

Chair: **K. Berend (head of internal Medicine SEHOS, Curacao)**
 S. Waterloo (internist-elderly medicine Dr. Horacio E. Oduber Hospitaal, Aruba)

Update immunology

- 9.15-9.45 The human microbiome and auto-immunity
 A. Duits (SEHOS, Curacao)
9.45-10.15 Immune checkpoint inhibitors: what every doctor should know
 R. Jonkhoff (HOH, Aruba)

Coffee break

Update nephrology

- 10.45-11.15 What everybody should know about the cardiorenal syndrome
 Z. Choudhry (HOH Aruba)
11.15-11.45 Sodium: not just a simple salt
 K. Berend (SEHOS Curacao)
11.45-12.15 Impaired kidney function and an abnormal urinary sediment; how to handle?
 N. Ajubi (SEHOS Curacao)

Lunch break

Update geriatric medicine

- 13.30-14.00 Strategies to reduce adverse affects of sleeping tablets
 E. Ruiz (HOH, Aruba)
14.00-14.30 How to diagnose and treat frailty in the hospital?
 S. Waterloo, D. Laclé (HOH, Aruba)

Coffee break

Update endocrinology/vascular medicine

- 14.45-15.15 Lipid treatment anno 2018
 M. Zidane (HOH, Aruba)
15.15-15.45 Novelties in treatment of type 2 diabetes, casereports from Saint Martin
 S. Nadery (Sint Maarten)
15.45-16.15 How to combine type 1 DM and professional sports
 S. England (UK/USA)
- 16.30 Closing Remarks

Speakers and chairs:

Sandro Waterloo MD, internist-elderly medicine, HOH, Aruba
Maarten Visschers MD, internist-ID specialist, HOH, Aruba
Luis Uribe MD, internist-ID specialist, FCV, Bucaramanga, Colombia
Diego Saaibi MD PhD, rheumatologist, Foscal, Bucaramanga, Colombia
Soeradj Harkisoen MD PhD, internist-ID specialist, AZP, Paramaribo
Jaclyn de Kort MD, internist-ID specialist, HOH, Aruba
Ebby Ruiz MD, clinical pharmacologist, HOH, Aruba
Dave Laclé MD, hospitalist, HOH, Aruba
Jacomien Aleman MD, clinical pharmacologist, HOH, Aruba
Ashley Duits MD PhD, medical immunologist, Head of Blood Transfusion Centre, Curacao
Richard van Vugt MD PhD, rheumatologist, VUMC, Amsterdam
Ebby Ruiz MD, clinical pharmacologist, HOH, Aruba
Nanno Swen MD, rheumatologist, Noordwest Ziekenhuis, Alkmaar
Roel Jonkhoff MD PhD, internist-oncologist, HOH, Aruba
Diederik van de Wetering MD PhD, internist-ID specialist, SEHOS, Curacao
Majida Zidane MD, internist-vascular medicine specialist, HOH, Aruba
Rashidi Rellum MD, rheumatologist, HOH, Aruba
Samay Nadery MD, internist, SMMC, Sint Maarten
Bert Rodenburg MD, internist-ID specialist, HOH, Aruba
Ken Berend MD PhD, internist-nephrologist, SEHOS, Curacao
Zaheeb Choudhry MD, internist-nephrologist, HOH, Aruba
Nouaf Ajubi MD, internist-nephrologist, SEHOS, Curacao.

DAS organizing team:

Richard van Vugt MD PhD, rheumatologist, VUMC, Amsterdam
Maarten Visschers MD, internist-ID specialist, HOH, Aruba
Sandro Waterloo MD, internist-elderly medicine, HOH, Aruba